## MARATHON RELAY INFORMATION

## PACKET PICKUP

Your team's packet will be available at the packet pick-up location on the day before the race and at the Fairgrounds the day of the race. Only the captain or one team representative needs to attend packet pick-up. If you can't make Friday packet pick-up, be sure to allow your team enough time before the start of the race to pick it up. Please note that race day packet pick-up is not at the starting line - it will be located at the packet pick-up area near the main entrance of the Fairgrounds.

## REGISTRATION POLICIES

## Age Restrictions

All runners under the age of 18 must have a parent or legal guardian sign a waiver. Individuals under the age of 12 are not permitted to run in the State Fair Marathon Relay.

## Refunds

Entry fees are non-refundable. The entry fee for this year's event will not transfer to next year's event.

## Disqualifications

The State Fair Marathon Relay reserves the right to reject any entry and to disqualify and bar any individual or team from the race. This rejection/disqualification may be based on, but is not limited to, non-payment of race fees, competing with an unofficial number, competing with an official number assigned to another competitor without completing the proper forms, crossing the finish line without having completed the entire course, or providing false information on race entry forms. The State Fair Marathon Relay reserves the right to change the details of the race at any time.

Runner Substitutions or Additions: Team Captains and new runners will need to report to packet pick-up to fill out appropriate forms and waivers.

## RULES CONCERNING RUNNERS

## Running Order

Team members will run in a fixed order. Please see the Race Breakdown table at the end of these directions.

## Official Race Bibs

Each runner will be provided a Bib Number. Runners \#1, \#2 and \#4 will have MYLAPS BibTags on the back of the Bib and will cross Timing Mats on the course. Runner \#3 will not have a MYLAPS BibTag on the back of his/her Bib since he/she does not cross any timing mats. Runner \#1 will cross the Starting Mats; Runner \#2 will cross the 10K Split. Runner \#3 will not cross any mats, and Runner \#4 will cross the 20-mile mats and the finish mats. Once Runner \#1 \& Runner \#2 have both finished running please REMOVE your Bib Numbers and place these in your vehicle so that these do not read at the Finish Line!! Bib Numbers must be displayed on the FRONT of your body while running.

## Injuries \& Substitutions

If for medical reason or an injury a runner cannot complete a section and the team decides to continue with the relay, another runner may take over. The substitute will finish remaining section for the injured runner. For mixed division teams, substitute runners must be the same gender as the injured runner. Stages may not be shared. Only one runner is allowed per Stage unless an injury occurs on that Stage.

## Baton Exchange

The "baton" must be passed from one runner to the next within the defined Exchange Zone at each Exchange Point. Runners must carry the "baton" so that it is visible to race officials while approaching and leaving the Exchange Zone. Batons will be "slap" bracelets and will be provided in the team packet.

## Traffic Laws

Unless a police officer instructs you differently, you need to obey all pedestrian traffic laws.

## Team Finish Rule

Within the final stage of the relay is the "Team Finish" where teammates can meet their final runner to cross the finish line as a team. This will be located at the intersection of Dodge and Vine Street. Teams may elect to finish the race as a team or they may choose to skip the Team Finish and allow their final runner to cross the finish line alone. Either way, final team finish times will be determined by the final leg runner crossing the finish line with the timing chip.

- The ending time posted by the fourth runner will be the official time. The fourth runner must be the first runner to the finish line regardless of if the team decides to finish as a team or just with the fourth runner.
- Teams that pass their timing chip to a new runner for the Team Finish will be ineligible for any timed award.


## RULES CONCERNING VEHICLES

## Driving Directions

Team vehicles must follow the driving directions provided in the Race Day Guide. Directions have been designed to eliminate vehicle contact with runners and to provide the quickest route to the next Exchange Point. If a vehicle gets lost or takes a wrong turn and does not reach the next Exchange Point in time, the time is lost and will not be awarded back. Vehicles are not allowed to follow the Runner's Path if it differs from the Driver's Path unless in an emergency.

Start of the Race: For the start of the race it is highly recommended that relay vehicles park in the parking lot across from the State Fairgrounds in the strip mall where the Pizza Hut ( 1508 South Locust Street) is located. The first runner should walk to the starting line. The team can leave when the race starts (or before the race starts) to assure you make it to the first exchange zone and arrive before your runner arrives.

1. Exchange Zone 1: Hall County Park—The exchange zone will be located near the main entrance of the park.

Leg 1: $\quad 4.9$ miles (4.88)
Parking: First come, first served; may park at the front gate of Hall County Park. Overflow will need to park at Pentair, 4044 Gold Core Rd \# 102.
Driving Directions: Exit parking lot through north exit turning left (west) onto Hedde Street. Take Hedde Street to Sylvan Street, then left on Sylvan to Stolley Park Road. Turn right and go WEST to Blaine Street. Turn left on Blaine Street and go south across Hwy 34 to West Schimmer Dr. Turn right onto West Schimmer Dr. Drive west, crossing the tracks and park in the Hall County Park small parking lot east of the entrance, or turn left onto Gold Core Road and park in the Pentair parking lot. Cross West Schimmer Drive in the grass easement to the entrance of Hall County Park.
2. Exchange Zone 2: Pier Park—The exchange zone will be located on the east side of the park near the intersection of the trail and Oak Street
Leg 2: $\quad 6.5$ miles (6.49)
Parking: Pier Park Wading Pool Parking Lot - 400 S Oak Street
Driving Directions: Exit the Hall County Park area and travel east on Schimmer Drive to Blaine Street. Turn left and go north on Blaine. Cross Highway 34 and Stolley Park Rd continuing on Blaine Street. Turn right on West 2nd Street. Turn right again and merge onto Highway 30 . Highway 30 will become West 2nd Street. Continue on and follow the curve as 2 nd Street turns into West 1st Street (one-way heading east). Merge into the right lane. Continue on $1^{\text {st }}$ Street until South Oak Street. Turn right onto Oak Street (south) and continue heading south to the parking lot. The parking lot is on the west side of the street by the wading pool.
3. Exchange Zone 3: Saddle Club - The exchange zone will be located near the Saddle Club's parking lot. Runners will make an entire loop of the Kuester's Lake area, the exchange will occur before exiting the Kuester's Lake area.
Leg 3: $\quad 7.5$ miles
Parking: Saddle Club West Parking Lot - \#1 Kuesters Lake
Driving Directions: Leave parking area and head NORTH on Oak Street. (Again please do NOT go south on Oak Street because of runners on the trail.) Continue north on Oak Street until $1^{\text {st }}$ Street (Highway 30). Turn right (east) onto $1^{\text {st }}$ Street and merge into the left lane. Runners will be running the south curbside lane of Highway 30. Turn right onto North Shady Bend Road. Turn left (east) onto Bismark Rd. Turn left on Kuesters Lake Road into the Kuesters Lake Area which is the entrance to this residential area. Runners will also be entering and exiting Kuester Lake Area from the westbound lane of Bismark. The westbound lane of Bismark will be closed to traffic from Gunbarrel to Kuester's Lake. Proceed to the parking lot of the Saddle Club.
4. Last Runner to finish line: Leg 4: 7.3 miles (7.33) run to finish line

Driving Directions: Exit Kuester Lake area by turning right onto Bismark Rd. (west). Turn left onto Stuhr Rd. (south) to Fonner Park Rd. Turn right (west) on Fonner Park Rd. and proceed to the north side of the fairgrounds. You can
park anywhere along Oak Street or any of the side streets. Please avoid Vine Street as all runners will be coming in on Vine Street to the finish line.
**Mileage for each leg is approximate based on mapping from US Track \& Field.**

## Laws

Team vehicles MUST obey all speed limits, traffic signs, and other traffic laws.

## Runner Safety

Team vehicles must drive at a normal rate of speed. Vehicles may not block or interfere with other vehicles and must yield the right of way to runners at all times. Please be aware of the safety of runners and volunteers.

## Parking \& Runner Drop Off

At the Exchange Points team vehicles must park in designated areas only and follow volunteer instructions. Vehicles may not stop within the Exchange Zone. Do not discharge runners from the vehicle prior to parking at the official Exchange Point parking area. This can be dangerous and can cause congestion and traffic delays. Parking areas are included with the driving directions.

## Respect Private Property, Residents \& Local Communities

The continued success of the State Fair Marathon Relay depends on the relationships we build with local residents and businesses in the community. We want residents to be proud that the race course travels through their community and continue to support this event and the YMCA. Please do not park or otherwise trespass on private property. Do not block driveways or access to businesses. Please do not flash bright lights, play loud music or honk your horn unnecessarily in the morning hours.

## RULES CONCERNING ALL PARTICIPANTS

## NO LITTERING

Trash receptacles are available at every aid station and relay exchange zone. Please do not leave any trash on the course.

## NO PUBLIC URINATION

Participants should only use the bathroom facilities provided. No public urination or other public relief is allowed.

## NO CONSUMPTION OF ALCOHOL

Consumption of alcohol is not allowed at any time while participating in the race. Even if you have completed your last Stage, you are still participating in the race until your team has crossed the finish line. Do not start the party early. Alcohol may be consumed responsibly at the finish line party when city ordinances and permits allow. Please no outside alcoholic beverages at the finish line. There is zero tolerance on breaking any of these rules. Violation of any of these rules will result in an automatic team disqualification and you will be asked to leave the course.

## VEHICLE \& DRIVER SAFETY

Beware of runners on the driving course. A significant portion of the race course is on roads.
Please refer to the Rules Concerning Vehicles section.
Tips for Successful and Safe Driving

- Focus on driving! Avoid distractions.
- Know where you are going and look at the map before you start driving.
- Know that there are no signs for Vehicles. Driving directions are printed in the official Race Day Guide.
- Have your co-pilot read the driving directions, look at maps and give you instructions.
- Obey all traffic laws and speed limits. No Stopping in the roadway. Park in only legal and safe places.
- No illegal U-Turns.
- Do not support your runner. Stay on the designated Driver's Path.
- Do not drop your runner off early. Only drop-off your runner after you have parked at the Exchange Point.


## BREAKDOWN OF RELAY RACE

## 4 Person Teams look for the Big Subway Exchange Zone Flags for transition points at these locations

| Runner | Legs | Exchange zones will be marked with Subway Banana Flags and <br> Orange Cones with Cone Bars on them. | Total Miles: |
| :--- | :--- | :--- | :--- |
| 1 | 4.9 Miles |  | 4.9 |
| 2 | 6.5 Miles | Hall County Park - 2447 W Schimmer Road | 11.4 |
| 3 | 7.5 Miles | Pier Park - 500 South Oak Street | 18.9 |
| 4 | 7.3 Miles | Saddle Club-1 Kuester Lake | 26.2 |
|  | Team Finish Zone | Intersection of Dodge and Vine: 1021 S Vine St |  |
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